

ORANGE COUNTY BOARD OF SUPERVISORS

A g e n d a R e v i s i o n s a n d S u p p l e m e n t a l s

Note: *This supplemental agenda is updated daily showing items that have been added, continued, deleted or modified.*

No new supplemental items will be added to the agenda following close of business on Friday.

October 6, 2020

DISCUSSION

19. **County Counsel - Acting as the Orange County Flood Control District** – Public Hearing to consider adopting Resolution of Necessity acquiring by eminent domain real property for Santa Ana River Mainstem/Prado Dam Project located in County of San Bernardino; authorizing County Counsel and/or outside eminent domain counsel to take steps to initiate and facilitate the condemnation action; directing and authorizing Auditor-Controller to make related payments (\$9,610,000); and considering application of Final Environmental Impact Report No. 583 and Final Supplemental Environmental Impact Statement/*Environmental Impact Report 583* and other findings - All Districts (2/3 vote of membership)

THE FOLLOWING AGENDA ITEMS HAVE HAD CHANGES TO THEIR RECOMMENDED ACTIONS SINCE RELEASE OF THE AGENDA TO THE PUBLIC:

Items: 17 and 19

S u p p l e m e n t a l I t e m (s)

- S16A. **Vice Chairman Do and Supervisor Bartlett** - Receive and file Community Suicide Prevention Initiative - Board of Supervisors Progress Report; and direct County Executive Officer and Health Care Agency Director to establish an Office of Suicide Prevention to coordinate provision of suicide prevention activities and implement Community Suicide Prevention Initiative's Action Plan



Revision to ASR and/or Attachments

Date: 9/28/20
To: Clerk of the Board of Supervisors
CC: County Executive Office
From: **Dylan Wright, Director, OC Community Resources**
Re: ASR Control #: 20-000418, Meeting Date 10/6/20, Item No. #17
Subject: Park Abandonment and Authorization to Convey Land - Aliso and Wood Canyons

CLERK OF THE BOARD OF SUPERVISORS
BOARD OF SUPERVISORS
2020 SEP 29 PM 2:01
RECEIVED

Explanation:

Modification to the staff report is requested to recognize the continuation request which moved the item from 9/1/2020 to 10/6/2020.

Revised Recommended Action(s)

2. On ~~September 1~~ October 6, 2020:

A. Find that the project is categorically exempt from the California Environmental Quality Act (CEQA), Class 5 (Minor Alterations in Land Use Limitations) pursuant to CEQA Guidelines, Section 15305.

Make modifications to the:

Subject Background Information Summary Financial Impact

Revised Attachments (attach revised attachment(s) and redlined copy(s))



Revision to ASR and/or Attachments

Date: September 28, 2020
To: Clerk of the Board of Supervisors
CC: County Executive Office
From: County Counsel
Re: ASR Control #: 20-000769, Meeting Date 10/06/2020, Item No. # 19
Subject: Condemnation Action, San Bernardino County, Prado Dam Project

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2020 SEP 28 PM 1:43
CLERK OF THE BOARD OF SUPERVISORS
COUNTY OF ORANGE
CALIFORNIA
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Explanation:

Modifications to the Recommended Actions are necessary to reflect the accurate environmental documents being considered. A California Environmental Quality Act compliance paragraph is also added to the Background Section. In addition, attachment H, containing a link to the environmental document, is added.

Revised Recommended Action(s)

Revise Recommended Actions 2, a, b, and c.

2. At the conclusion of the hearing, make the following findings:

a) Final Environmental Impact Report No. 583 (Final EIR No. 583) was previously certified on November 28, 1989, and reflects the independent judgment of the Orange County Flood Control District as Lead Agency. Final Supplemental Environmental Impact Statement/Environmental Impact Report No. 583 (Final Supplemental EIS/EIR No. 583) was previously certified on December 19, 2001, and reflects the independent judgment of the Orange County Planning Commission as Lead Agency. Final EIR ~~Environmental Impact Report~~ No. 583 and Final Supplemental EIS/EIR Environmental Impact Statement No. 583 adequately addressed and fully analyzed project environmental impacts for the Santa Ana River Mainstem Project, as well as the Prado Dam Project, which is a necessary and contemplated element of the Santa Ana River Mainstem Project. Both the Final EIR No. 583 Environmental Impact Report and the Final Supplemental EIR/EIS No. 583 Environmental Impact Statement are complete and adequately satisfy the requirements of CEQA for the Santa Ana River Mainstem Project, which includes the Prado Dam Project.

b) The circumstances of the Project are substantially the same as when Final ~~Environmental Impact Report EIR No. 583 and Final Supplemental EIS/EIR Final Environmental Impact Statement No. 583~~ were certified adopted, and Final ~~EIR Environmental Impact Report No. 583 and Final Supplemental EIS/EIR Environmental Impact Statement No. 583~~ adequately addressed the effects of the proposed project. For purposes of CEQA, no substantial changes have been made in the project, no substantial changes have occurred in the circumstances under which the project is being undertaken and no new information of substantial importance to the project that was not known or could not have been known when the prior Final EIR Environmental Impact Report No. 583 and Final Supplemental Environmental Impact Statement EIS/EIR No. 583 were certified has become known in relation to this proposed condemnation action. Thus, no further CEQA review is required.

c) Final ~~EIR Environmental Impact Report No. 583 and Final Supplemental Environmental Impact Statement EIS/EIR No. 583~~ are adequate to satisfy the requirements of CEQA for the proposed condemnation action.

Make modifications to the:

Subject Background Information Summary Financial Impact

Add:

COMPLIANCE WITH CEQA: The acquisition of property is a necessarily included element of the project considered in Final EIR No. 583, certified by the Board of Supervisors on November 28, 1989, and Final Supplemental EIS/EIR No. 583, certified on December 19, 2001, which adequately addressed the effects of the proposed project. No substantial changes have been made in the project, no substantial changes have occurred in the circumstances under which the project is being undertaken, and no new information of substantial importance to the project which was not known or could not have been known when the Final EIR No. 583 and Final Supplemental EIS/EIR No. 583 were certified has become known; therefore no further environmental review is required.

Revised Attachments (attach revised attachment(s) and redlined copy(s))

Add Attachment H as follows:

Attachment H – Final Supplemental Environmental Impact Statement/Environmental Impact Report No. 583

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AGENDA STAFF REPORT



CLET
BOARD

Agenda Item

316A

ASR Control

MEETING DATE: 10/06/20

LEGAL ENTITY TAKING ACTION: Board of Supervisors

BOARD OF SUPERVISORS DISTRICT(S): All Districts

SUBMITTING AGENCY/DEPARTMENT: Supervisor Lisa Bartlett
Supervisor Andrew Do *[Signature]*

DEPARTMENT CONTACT PERSON(S): Doug Woodyard, (714) 834-3550
Chris Wangsaporn (714) 834-3110

SUBJECT: Creation of Office of Suicide Prevention

RECOMMENDED ACTION(S):

1. Receive and File Community Suicide Prevention Initiative – Board of Supervisors Progress Report.
2. Direct the County Executive Officer and the Health Care Agency Director to establish an Office of Suicide Prevention, within the Behavioral Health Department, to coordinate the provision of suicide prevention activities and implement the Community Suicide Prevention Initiative’s Action Plan.

SUMMARY:

Establishing an Office of Suicide Prevention within the Health Care Agency (HCA) for the purpose of implementing the Community Suicide Prevention Initiative Action Plan will help reduce death by suicide in Orange County.

BACKGROUND INFORMATION:

On March 12, 2019, the Board of Supervisors (Board) directed HCA to allocate \$600,000 to create a countywide suicide prevention initiative with the goal of increasing awareness and accessibility to available resources, hosting community educational events, and reducing suicide in Orange County. As a result, the HCA, awarded a contract to Mind OC, Inc., effective July 1, 2019, through June 30, 2021, for an amount not to exceed \$600,000.

The resulting Community Suicide Prevention Initiative (CSPI), a public-private partnership managed by Mind OC, has prepared an Action Plan to focus on high priority populations and to create a systems-approach to suicide prevention that leverages existing community and agency resources to build hope, purpose and connection for individuals in need. The framework for this systems-approach has four elements:

- #1: Reach out to high risk populations to find and engage those in need;
- #2: Maintain contact with those in need and support continuity of care;
- #3: Improve the lives of those in need through comprehensive services and supports; and
- #4: Build community awareness, reduce stigma and promote help-seeking

The Board directs County Executive Officer and HCA Director to create an Office of Suicide Prevention, using existing positions and appropriations, to collaborate with Mind OC to conduct pilot programs utilizing the above-referenced systems-approach for each of the initial populations of focus: youth and young adults, men in their middle years and older adults.

The Office of Suicide Prevention will also be responsible for integrating new and existing services and supports across the suicide prevention continuum and throughout the entire County to assure all suicide prevention activities are linked to other behavioral health activities/services and directly targeted at populations in need.

ATTACHMENTS:

- (1) Community Suicide Prevention Initiative – Board of Supervisors Progress Report

August 2020



Orange County, California

Community Suicide Prevention Initiative

Board Of Supervisors Progress Report

Orange County, California

Community Suicide Prevention Initiative

Board Of Supervisors Progress Report Brief

Using funding designated by the OC Board of Supervisors, the OC Health Care Agency and Mind OC have formed a Be Well OC effort called the "Community Suicide Prevention Initiative" (CSPI). The following is a brief summary of the CSPI's first year of activities and recommendations, and attached are detailed work products to support next steps.



Suicide rates are trending up in OC

for all age groups, men, women and ethnicities

From 2000 to 2018, the suicide death rate increased

25%



From 2000 to 2018, approximately

330

lives lost each year

2018

reached an **all-time high 369** lives lost

Challenges to be Addressed

Increasing Risk Factors - Age-related (e.g. social media, bullying, aging) and psychosocial (e.g. poverty, trauma).

No System of Care - Current activities to reduce these rates are not well integrated in the county.

Missed Opportunities - Individuals in need are not identified and linked to recovery services and supports.

Difficult Access - The service continuum is complex and can be difficult to navigate.

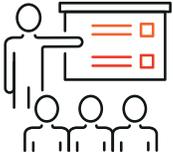
Stigma - Often causes individuals in need to be reluctant to seek care.

The Solution: Create a System of Preventative Care and Recovery



Summary of Progress and Next Steps

Progress:



Convened Leadership Group and Community Forum who meet monthly



Identified priority populations based on OC data



Developed priority actions for populations of focus in their communities



Developed a "Framework for Community-Driven Suicide Prevention"



Prepared plan to pilot the Framework in high need communities



Conducted suicide awareness events throughout the community

Next Steps:

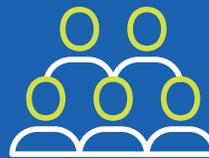


Conduct the pilot(s) for high need communities and populations of focus to:

- ◆ Expand prevention and recovery efforts
- ◆ Increase the number of individuals in-need who are engaged in caring connections and hopeful services and supports
- ◆ Reduce individuals' level of risk for suicide
- ◆ Increase individuals' level of hope, purpose and connection
- ◆ Increase community involvement in prevention activities



Conduct media campaigns targeted at high need populations



Continue to expand community engagement and involvement through coalition development



Be Well
ORANGE COUNTY

HOPE • CONNECTION • PURPOSE

APPENDICES

Appendix 1: Progress Report

Appendix 2: CSPI Leadership Group Member Agencies and Organizations

Appendix 3: CSPI Charter

Appendix 4: CSPI Framework for Community-Driven Suicide Prevention
and Initial Pilot Communities of Focus

Appendix 5: CSPI Facebook Group Flyer

Appendix 1

Progress Report

Community Suicide Prevention Initiative

Orange County, California



BACKGROUND

Suicide Rates in Orange County: From 2000 to 2018, the suicide death rate (per 100,000 residents) increased by 25% in Orange County; in the five years from 2014 to 2018, an average of 330 lives were lost each year, reaching an all-time high of 369 deaths in 2018.

Creating a Coordinated Suicide Prevention Effort: On March 12, 2019, the Orange County Board of Supervisors allocated \$600,000 in funding to create a coordinated, countywide effort to build community awareness and drive system change that will reverse this trend and reduce suicides in Orange County. In July 2019, through its contract with HCA, Mind OC launched the Community Suicide Prevention Initiative (CSPI) within the Be Well OC movement to achieve the following mission:

The Orange County Community Suicide Prevention Initiative aims to prevent suicide by promoting hope and purposeful life in the community, especially among survivors, those at risk and their loved ones.



Below are highlights of year one progress towards creation of a communitywide, coordinated approach to raising community awareness and driving the system change needed to achieve this mission.

PLANNING AND ORGANIZING

Leadership Group: The CSPI Leadership Group was established in May 2019 and is made up of representatives from public and private organizations ([Appendix 1](#)) as well as community stakeholders, provided strategic guidance to CSPI planning activities. Organizational members have well developed efforts related to the CSPI mission and are committed to a collaborative, coordinated approach to preventing suicides and suicide attempts. Members meet monthly to guide the development of the coordinated approach.

CSPI Charter: The Leadership Group, with guidance from the CSPI Community Forum, established a project Charter to frame the need in Orange County and to gain consensus on the initiative's aim, goals and objectives ([Appendix 2](#)).

Framework & Pilot Plan: The Leadership Group, with guidance from the CSPI Community Forum, established a Framework and Pilot Plan for supporting community-driven suicide prevention ([Appendix 3a](#) and [3b](#)).

COMMUNITY OUTREACH AND AWARENESS BUILDING

CSPI has been and is undertaking a variety of outreach efforts in the community to increase public awareness about how to prevent suicides and to gain community feedback to inform plan development. Some of the engagement activities with survivors, family member(s) and concerned community members during the initial year included the following:

- Fifteen monthly community forums held in locations around Orange County and virtually.
- During Suicide Prevention month in September, distribution of hundreds of brochures and lawn signs with suicide lifeline information.
- Launching of a public CSPI Facebook brand page and a private Facebook group page in September 2019 and then replaced these with a new CSPI Facebook group in April 2020 ([Appendix 4](#)).
- Development of a new “Ambassadors of Hope” program to engage community volunteers across the county in variety of awareness and hope building activities.
- Webinar training on “Talk Saves Lives” was provided on April 29th and May 15th by the OC chapter of the American Foundation for Suicide Prevention (AFSP).
- Hosting large-scale community events, including the Cultivating Hope in the Community event at Mile Square Park in Fountain Valley in September 2019, and a screening of “The S Word” and a Panel Discussion in Santa Ana in January 2020.

Other events were planned for Spring 2020 but were canceled due to COVID-19 social distancing and stay-at-home orders.

NEXT STEPS

Piloting the Framework: The Community-Driven Framework for Suicide Prevention will be piloted in high need communities for each of CSPI's initial populations of focus: youth and young adults, men in their middle years and older adults. Pilots will only be conducted within communities who wish to adopt the framework and who have local leadership and stakeholder support for pilot activities. Each of the four components of the framework will be piloted to the extent existing resources are available and/or new funding is granted.

Planning for Sustainability and Spread: The lessons learned through these pilots will be used to expand the CSPI activities into additional communities, eventually reaching all regions and populations in Orange County. This expansion will take place as the CSPI Framework becomes ready for spread and has proven sustainability, including availability of funding for large scale adoption. Pilot efforts will integrate new and existing suicide prevention activities into a “system” for suicide prevention that is sustainable and scalable and that is built on the principles of population health and chronic condition management.

Expanding Community Outreach and Engagement: This planned CSPI pilot does not represent all aspects of suicide prevention that the initiative will be undertaking, rather it is advanced as a means to develop a strong base of effort that can be leveraged towards a comprehensive plan that covers all aspects of suicide prevention and postvention needed to eliminate suicides and suicide attempts in our county. Example activities that CSPI has begun planning include:

- Hosting a 1st annual Orange County Suicide Prevention (virtually).
- Developing a countywide Suicide Prevention coalition.
- Creating a workgroup and focused effort to use data from the coroner, hospitals and other sources to gain deeper understanding of needs and how best to address them.
- Launch of a CSPI webpage within the Be Well website.

Appendix 2

CSPI Leadership Group Member Agencies and Organizations

CSPI Leadership Group Member Agencies and Organizations

Member agencies and groups:

- Orange County Health Care Agency
- Council on Aging of Southern California
- Children's Hospital of Orange County
- Orange County Department of Education
- Didi Hirsch Mental Health Services
- American Association for Suicide Prevention, Orange County Chapter
- Hoag Hospital
- Saddleback Church
- NAMI Orange County z OC MECCA
- Long Beach VA
- Integrated Recovery Foundation
- University of California, Irvine
- Community Members
- Mind OC

Leadership Group Co-Chairs: Co-chairs of the leadership group provide thought-leadership to the Leadership Group and support its meetings month to month.

- Clayton Chau, MD, PhD, Director, Orange County Health Care Agency
- Michael Silva Rose, DrPH, LCSW, Hoag Hospital Director of Community Benefit; Orange County Mental Health Board Chair

Appendix 3

CSPI Charter

COMMUNITY SUICIDE PREVENTION INITIATIVE

A Be Well OC Initiative

INITIATIVE CHARTER

The Orange County Community Suicide Prevention Initiative aims to prevent suicide by promoting hope and purposeful life in the community, especially among survivors, those at risk and their loved ones.

Background: With the emergence of Be Well OC, Orange County (OC) is well-positioned to bring new and expanded resources to the work of reducing suicides in the county. Be Well OC brings together a robust, community-based, cross-sector strategy—public, private, academic, faith and others—to create a community-wide, coordinated ecosystem to support optimal mental health and well-being for all Orange County residents. As such, it is an opportune time to use this framework to create a community-driven approach to suicide prevention that draws on the capabilities and commitments that already exist and builds on them to address those areas of need that remain. It is in this spirit that Be Well OC is creating a community-driven suicide prevention initiative.

Framing the Need:

- Orange County's suicide rate has been steadily increasing about 1.3% per year since 2000 and reached an all-time high of 10.3 suicide deaths per 100,000 population in 2018.
- The annual total of individuals who die by suicide in OC has averaged 330 over the last five years. (See the OCHCA 2019 Suicide Report)
- Intentional self-harm, as represented by the number/rate of visits to the Emergency Department, appears to be trending downward in OC (24% rate decrease between 2005 and 2017). Among children and older teens, the trend appears to be increasing (32% rate increase between 2010 and 2017).
- Accessing prevention services and interventions is difficult; the service continuum is complex, fraught with barriers to entry and generally insufficient in volume and differentiation/specification (see "Big Picture" issues).
- Stigma associated with mental health often cause individuals in need to be reluctant to seek care, and so early detection and prevention is further challenged and under-utilized.
- Current activities to reduce these rates are not well coordinated or integrated and so are not always as effective as desired or possible.
- There are many missed opportunities to detect individuals who are in need of support or who are at risk and to provide effective interventions as early as possible.

Aim: Be Well OC's Community Suicide Prevention Initiative (CSPI) aspires to eliminate suicides and suicide attempts in Orange County. As a community-driven effort, CSPI will build collaboration among public and private organizations, community stakeholders and suicide survivors who share the mission of preventing suicide through increasing the hope, wellbeing and resiliency of those at risk. CSPI seeks to develop, enrich and integrate new and existing services and supports across the suicide prevention continuum and throughout the entire county.

COMMUNITY SUICIDE PREVENTION INITIATIVE

A Be Well OC Initiative

Goals & Objectives: The above aim will be generated by achieving the following goals for high risk populations as well as for community throughout Orange County. These goals represent opportunities to reduce risk factors and promote protective factors for specific populations – at the individual and community level. Goals and objectives will be achieved through integrated efforts among CSPI partners as well as through focused activities of each partner and of CSPI itself.

Goal: Increase awareness about how to prevent suicide

- Information and messages are consistently provided in a variety of modalities, locations, languages throughout Orange County and for targeted locations and populations.
- Information shared is tied to suicide prevention and intervention efforts that make the messaging actionable for individuals who receive it.

Goal: Increase connectedness between individuals, families and communities

- Increase connectedness between individuals, families and communities to reduce social isolation, strengthen supportive relationships, and enhance other protective factors.
- The number of individuals who have known risk factors for suicide experience growth in their individual and community protective factors.

Goal: Increase detection of individuals in need

- Organizations who engage with target populations have clear processes to support detection and response.
- Individuals, families and communities are able to detect individuals in need and respond effectively.

Goal: Increase access to mental health care

- Individuals in need have timely and easy/supported access to initial services and ongoing follow-up care.
- Individuals seeking services continue to completion

Goal: Reduce access to lethal means

- Specific, lethal means, locations, methods to access it are identified for each target population.
- Access to lethal means is reduced for each target population.

Goals to be Achieved with Be Well Result Areas: The following goals are critical to achieving CSPI's aim, but will be pursued in alignment and linkage with various Be Well OC result areas:

- Decrease stigma related to mental health and substance use concerns
- Increase access to health care
- Increase effectiveness of care

COMMUNITY SUICIDE PREVENTION INITIATIVE

A Be Well OC Initiative

CSPI Roles and Responsibilities:

- Leadership Group: The CSPI Leadership Group, made up of representatives from public and private organizations as well as community stakeholders, provides strategic guidance to planning of CSPI activities as well as the conduct of those activities. See Addendum C for specific entities represented and their individual roles in preventing suicide.
- Leadership Group Co-Chairs: Co-chairs of the leadership group provide thought-leadership to the Leadership Group and support its meetings month to month.
 - Clayton Chau, MD, PhD, Mind OC Chief Clinical and Strategy Officer; Orange County Mental Health Board Member
 - Michael Silva Rose, DrPH, LCSW, Hoag Hospital Director of Community Benefit; Orange County Mental Health Board Chair
- CSPI Coalition: CSPI will develop a broad coalition of representatives from agencies (public and private), community groups and organizations, individual stakeholders, suicide survivors and their loved ones. This coalition will meet quarterly to provide review and advise on CSPI activities and progress, as well as important and timely information about suicide prevention.
- Community Forum: The CSPI Community Forum is a group of committed volunteers who regularly convene to inform the efforts of CSPI, engage in awareness building, and generally serve as advisors to this community-driven initiative.

CSPI Staffing: Mind OC staff provide project management to CSPI, including supporting development and/or expansion of selected prevention activities, supporting communication and awareness, and staffing the Community Forum, Leadership Group and associated work groups, etc.

Appendix 4a

CSPI Framework for Community-Driven Suicide Prevention



Orange County Community Suicide Prevention Initiative

A Community-Driven Framework for Preventing Suicide



From 2000 to 2018, the suicide death rate (per 100,000) increased by 25% in Orange County; in the five years from 2014 to 2018, an average of 330 lives were lost each year, reaching an all-time high of 369 deaths in 2018.

Aim

Be Well OC's Community Suicide Prevention Initiative (CSPI) aims to eliminate suicides and suicide attempts in Orange County. As a community-driven effort, we will build collaboration among public and private organizations, community stakeholders and suicide survivors who share the mission of preventing suicide through increasing the hope, connection and purpose of those at risk.

Goals

- Increase awareness** about how to prevent suicide.
- Increase connectedness** between individuals, families and communities.
- Increase detection** of individuals in need.
- Increase access** to mental health care.
- Reduce access to lethal means.**

These goals are based on current, established evidence and research about how to best prevent suicide.

Suicide In Orange County

Youth/Young Adults

From 2010 to 2018, the suicide rate among youth and young adults, ages 10-24, increased by 11%.

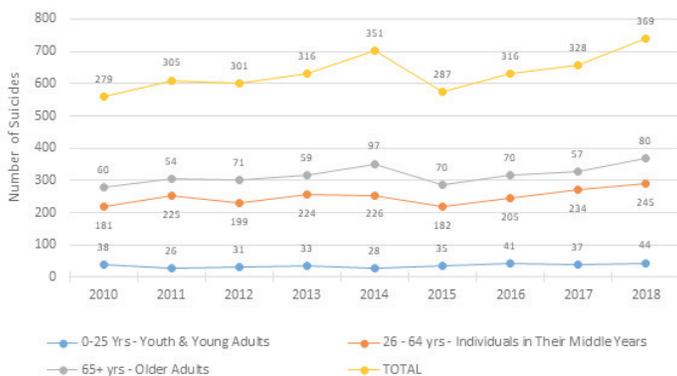
Men in their Middle Years

From 2016 through 2018, 57% of suicide deaths were men ages 35 to 64.

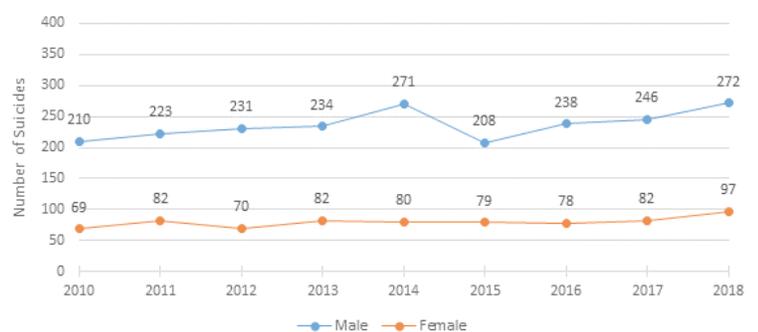
Older Adults

17.9 suicide deaths occur for every 100,000 individuals ages 65 and older, with the highest rate among those aged 85+ (19.5 deaths per 100,000).

Suicide Deaths In Orange County - by Age Group



Suicide Deaths In Orange County - by Gender



CSPI POPULATIONS OF FOCUS



Youth & Young Adults

with particular focus on LGBTQ and foster youth, adolescent girls and high achievers.



Men in their Middle Years

with particular focus on first responders, veterans, construction workers, and businessmen/professionals.



Older Adults

with particular focus on homebound seniors, nursing home residents, cultural minorities, unemployed single men and veterans.

1

Reach out to high risk populations to find and engage those in need



At Risk Populations in Community, Schools and Provider Settings



Individuals Experiencing Crisis or Suicidality and Suicide Attempt Survivors



Loss Survivors

“The heart of suicide prevention lies in our communities. For this reason, the CSPI framework is designed to support *community-centered* prevention efforts.”

— Clayton Chau, OCHCA Director

COMMUNITY-DRIVEN SUICIDE PREVENTION

2

Maintain contact with those in need and support continuity of care



Ongoing Outreach and Caring Contacts



Technology to Stay Connected with Those in Need



Navigation to Support Continuity of Care

“With hope I regained purpose in my life to help, and with the help of my church community, I became my best self.”

— Jacqueline, 23,
US Army Veteran, survivor

3

Improve the lives of those in need through comprehensive services and supports



Enhanced Service and Support Capacity in Provider Organizations



Expanded Community Services and Supports

4

Build community awareness, reduce stigma and promote help-seeking



CONNECTION • PURPOSE

Steps to Support Community-Driven Suicide Prevention

Piloting the Framework for Community-Driven Suicide Prevention

CSPI will pilot this framework in high need communities for each of the populations of focus: youth and young adults, men in their middle years and older adults. Pilots will only be conducted within communities who wish to adopt the framework and who have local leadership and stakeholder support for pilot activities. Each community will be supported through the five steps described below, which are intended to result in a lasting, sustainable suicide prevention program that generates a steady decline in individuals dying by suicide.

Using the Framework to Meet Community-Specific Needs

step 1: Create infrastructure and build the local team (community leaders, stakeholders and service providers)

step 2: Identify the community's unique needs, resources and opportunities

step 3: Support the local team to collaborate, integrate and align community resources

step 4: Use local resources and CSPI supports to promote hope, connection and purpose

step 5: Respond to community trends and changes in circumstances

The CSPI framework is informed by the **NATIONAL ACTION ALLIANCE'S "Key Elements for Comprehensive Community-based Suicide Prevention"**

UNITY

Attainment and maintenance of broad-based momentum around a shared vision

PLANNING

Use of a strategic, planning process that lays out stakeholder roles and intended outcomes

INTEGRATION

Use of multiple, integrated suicide prevention strategies

FIT

Alignment of activities with context, culture and readiness

COMMUNICATION

Clear, Open and consistent communication

DATA

Use of surveillance and evaluation data to guide action, assess progress and make changes

SUSTAINABILITY

A focus on long-lasting change



Funded by the Orange County Health Care Agency and private donors

Appendix 4b

Pilot Plan

Phase 1 Pilot: *Hope-Connect-Purpose*



The Orange County Community Suicide Prevention Initiative aims to prevent suicide by promoting hope and purposeful life in the community, especially among survivors, those at risk and their loved ones.

PILOT - ACTION PLAN

The CSPI pilot will focus on the highest need populations and areas in Orange County. Infrastructure development and learning during the pilot will be used to expand the CSPI activities into additional communities. This expansion will take place as our system becomes ready for spread and has proven sustainability, including availability of funding for large scale adoption. This Pilot Action Plan does not represent all aspects of suicide prevention that CSPI will be under-taking, rather it is advanced as a means to develop a strong base of system change that can be leveraged towards a comprehensive plan that covers the full array of suicide prevention and postvention activities needed to eliminate suicides and suicide attempts in our county.

Pilot Aim	During the three-year period of this pilot, the Community Suicide Prevention Initiative (CSPI) seeks to engage over 500 at-risk individuals in the targeted populations residing in our initial catchment areas, including family members of those who have survived an attempt or died by suicide, to reduce their suicidality and increase their hopefulness, meaningful connections and sense of purpose. Pilot efforts will integrate new and existing suicide prevention activities into a “system” for suicide prevention that is sustainable and scalable and that is built on the principles of population health and chronic condition management.
Pilot Populations of Focus & Catchment Areas	CSPI will pilot this framework in high need communities for each of the populations of focus: youth and young adults, men in their middle years and older adults. Pilots will only be conducted within communities who wish to adopt the framework and who have local leadership and stakeholder support for pilot activities. Each community will be supported through the five steps described below, which are intended to result in a lasting, sustainable suicide prevention program that generates a steady decline in individuals dying by suicide.
Funding	Existing Resources for Components #1, #3 and #4 Funding pending for Component #2

FRAMEWORK COMPONENTS:

COMPONENT	Description of Framework Components
#1: Reach out to high risk populations to find and engage those in need	<ul style="list-style-type: none"> • Engage community and human service providers in target community who currently support our populations of focus and partner with them to develop and support ‘gatekeepers’ who can identify individuals in need and assist in actively linking them to the CSPI System. <ul style="list-style-type: none"> ➢ CSPI partner agencies to provide training and ongoing technical assistance to service agency staff and volunteers (ASIST, LivingWorks’ safeTalk) to assure their ability to identify individuals in need and link them to the CSPI System on an ongoing basis.

Phase 1 Pilot: *Hope-Connect-Purpose*



- Engage primary care and mental health providers in target community who currently support our populations to enhance their detection of individuals in need and their linkage to the CSPI System for service navigation and ongoing support.
 - CSPI partner agencies to provide training and technical assistance to primary care (PC) and mental health (MH) providers (suicide screening, safeTalk) to assure their ability to identify individuals in need and link them to the CSPI System permanently.
- Engage crisis service providers in in target community to link individuals in need to the CSPI System.
 - With the crisis services providers, CSPI partner agencies build and deploy a referral pathway that is guided by CSPI navigators.

#2: Maintain contact with those in need and support continuity of care

- Build and maintain a clinical information system (CIS) to support a population health approach to individuals in need and community prevention efforts. CSPI partner builds a CIS that supports:
 - Tracking of each individual’s status, needs and progress toward greater hope, connection and purpose.
 - Tracking and communicating with gatekeepers to assure their ongoing readiness to identify individuals in need.
 - Identification of and referral to providers who are specialists in suicide prevention and promoting hope, connection and purpose.
 - Performance monitoring of the CSPI System through individual-level and population-level reporting as well as ‘system’ measures.
- Provide navigation to support access to care for those in need, as well as ongoing contact with them to identify additional needs over time.
 - CSPI navigators tailor navigation and ongoing contact to level of need and preferred methods of individuals served.
 - CSPI navigators regularly assess individual’s level of risk (including emergence of ‘precipitating events’) as well as hope, connection and purpose.
- Use the CIS to apply data-driven approaches
 - CSPI staff monitor population trends to improve overall targeting of prevention efforts
 - CSPI staff apply quality improvement techniques to manage performance, including individual outcomes, population impacts and system efficiency.

#3: Improve the lives of those in need through comprehensive services and supports

- Build a specialty network of suicide prevention service providers to whom individuals in need can be referred.
 - CSPI partners and staff identify mental health providers that serve the target community and who are and/or would like to be specialists in suicidality.
 - CSPI partners provide regular training and skill development to advance the skills and capabilities of these specialty providers.
- Build a network of community services and supports to whom individuals in need can be referred to advance their hope, connections and purpose.

Phase 1 Pilot: *Hope-Connect-Purpose*



	<ul style="list-style-type: none"> ➤ CSPI partners and staff work with the target community leaders to identify existing services and supports to be included in the network, as well as gaps in needed services. ➤ CSPI partners and staff work with in target community leaders to find ways to fill the identified gaps in needed local support services.
<p>#4: Build community awareness, reduce stigma and promote help-seeking</p>	<ul style="list-style-type: none"> • Develop a network of volunteer “Ambassadors of Hope” who can outreach into their local communities. <ul style="list-style-type: none"> ➤ CSPI prepares and deploys a software system to support management of volunteers and their roles, including tracking activities to enable reporting. ➤ CSPI recruits volunteers who can provide supports in the target community and provides supports for each role an ambassador elects to undertake. • Conduct suicide prevention events and/or participate in community events throughout the target community to build awareness that suicide is preventable. <ul style="list-style-type: none"> ➤ OC Chapter of the American Foundation for Suicide Prevention and other CSPI partners conduct and/or participate in community events throughout in the target community. ➤ CSPI partners conduct community training (e.g. Talk Saves Lives) in local community settings around in the target community. • Use social media to build awareness, promote social connections and reduce self-stigma <ul style="list-style-type: none"> ➤ CSPI creates and advances a CSPI Facebook group to promote awareness, social connections and promote conversations that breakdown the stigma associated with suicidality

LEARNING OBJECTIVES:

<p>Pilot Learning Objectives</p>	<p>The CSPI Pilot will be used to gather learning necessary to grow towards full-scale, sustainable county-wide implementation of the CSPI System. Critical learning to be gained will relate to the operational requirements and costs of how to:</p> <ul style="list-style-type: none"> • Effectively support a wide-array of gatekeepers in community organizations to identify and refer individuals to the CSPI System on an ongoing basis – for each population segment (age, gender, ethnicity and other specific risk factors). • Develop and maintain referral pathways from crisis services to the CSPI System. • Engage more survivors of loss into services and supports that reduce their risk for suicidality and promote their resiliency. • Engage individuals in need into the CSPI System, including gaining their consent for navigation and ongoing contact. • Adjust the frequency and methods of ongoing contact to detect individuals who may be experiencing a precipitating event that could trigger a suicidal crisis or loss of progress. • Find, recruit and build the skills of individuals who want to specialize in treating suicidality.
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Phase 1 Pilot: *Hope-Connect-Purpose*



- Build and maintain a network of suicidality specialists to provide differentiated care for the array of population segments in need.
- Build and maintain community services that promote hope, connection and purpose for individuals where they live and work – and that are culturally appropriate.
- Engage and deploy volunteers in targeted communities to create community supports for individuals in need and at all stages of prevention.

PILOT PERFORMANCE MEASUREMENT:

COMPONENT	PILOT MEASURABLE OBJECTIVES
#1: Reach out to high risk populations to find and engage those in need	<ul style="list-style-type: none"> • Train community and human service providers (in the targeted catchment areas) to be ‘gatekeepers’ and actively link them to the CSPI for support. • Train primary care and mental health providers (in the targeted catchment areas) to detect individuals in need and actively link them to the CSPI for support. • Support trained gatekeepers and providers to identify and refer individuals to the CSPI (to include supporting individual’s consent to join)
#2: Maintain contact with those in need and support continuity of care	<ul style="list-style-type: none"> • Engage individuals into CSPI to receive navigation supports, as needed, as well as ongoing contact • Support individuals in CSPI to achieve lower levels of risk/need each month (using Columbia-Suicide Severity Rating Scale) • Support individuals in CSPI to achieve higher levels hope, connection and purpose each month (using WHOQOL-BREF)
#3: Improve the lives of those in need through comprehensive services and supports	<ul style="list-style-type: none"> • Increase the number of individuals engaged in and continuing in mental health services • Increase the number of individuals engaged in local community services and supports • Increase the number of individuals reporting they have personal supports, social connections • Increase the number of mental health providers trained and competent in clinical approaches for individual in need • Decrease the percentage of individuals who experience a subsequent attempt or crisis
#4: Build community awareness, reduce stigma and promote help-seeking	<ul style="list-style-type: none"> • Conduct at least one community event a month that promotes knowledge and awareness of how to prevent suicide • Reach at least 100 individuals a month via above events that promote knowledge and awareness of how to prevent suicide • At least 50% of attendees at above events report an increase in knowledge, awareness and readiness to change (via survey immediately following event)

Appendix 5

CSPI Facebook Group Flyer



Be Well
ORANGE COUNTY

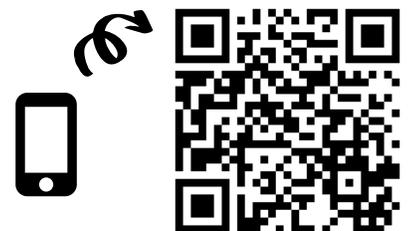
Community Suicide Prevention Initiative

FACEBOOK GROUP



The **CSPI Forum Facebook Group** is an opportunity for connection and dialogue between folks who have the common interest of eliminating suicide in Orange County, and across the world.

This group can be accessed by going to:
<https://www.facebook.com/groups/879220679186276/>
or by scanning this QR code with your mobile device.



You can also find us by doing a simple Facebook search:
"Be Well OC Community Suicide Prevention Initiative Group"